



Ram Lal Anand College University of Delhi National Service Scheme



JANUARY REPORT 2023



Global Family Day

1 January , 2023

“Until he extends his circle of compassion to include all living things, man will not himself find peace.”

1st of January of each year is celebrated as Global Family Day i.e as a Global Day of Peace and sharing. This day promotes multiculturalism, diversity and aims to make people aware of peace, sharing, and harmony.

The National Service Scheme Unit of Ram Lal Anand College celebrated this day with a digital poster making competition. The competition was a great success with over 110 entries being received and 42 of them being female participants. 3 best designed posters were given a special shoutout on official Instagram handle of NSS RLAC.

The event brought in great enthusiasm and unity among the individuals and instilled a sense of integrity not only within the country but also as a whole world. Despite of various disparities and conflicts, coexistence is the ultimate goal to be achieved.



Cup Distribution Drive

3 January , 2023

“As you grow older, you will discover that you have two hands, one for helping yourself, the other for helping others.”

The NSS unit of RLAC keeping true to its motive of “Not Me But You” organised a distribution drive on 3rd January 2023 to serve the underprivileged section of the society. The volunteers of the Unit gave cups and chocolates to more than 60 deprived children in an attempt to bring a smile to their faces and spread the cheer on the occasion of Christmas and New Year.

The drive was attended by 22 volunteers,12 being female volunteers. To extend a helping hand to others should be the prime aim of human beings, and volunteers very well depicted the same. The energetic participation by everyone marked another successful event organised by NSS,RLAC.



World Braille Day

4 January , 2023

“Braille is the script used by the visually impaired to interact with the rest of the world. And yet, despite hosting nearly 20% of the world's visually impaired population, the Braille literacy in India is a mere 1%”

To generate awareness about Braille system of reading and writing, and to commemorate the birth of its inventor Louis Braille, the National Service Scheme (NSS) unit of Ram Lal Anand College organised an event on the 4th of January in the college premises. Students poured their hearts out and wrote sweet messages for the visually impaired using lentils and beads.

A total of 42 volunteers turned up in the event with 21 of them being female participants. The event ended with a hope that more people learn Braille and help the visually impaired feel no less than the rest of the world.

"Live without seeing, but be what you are".



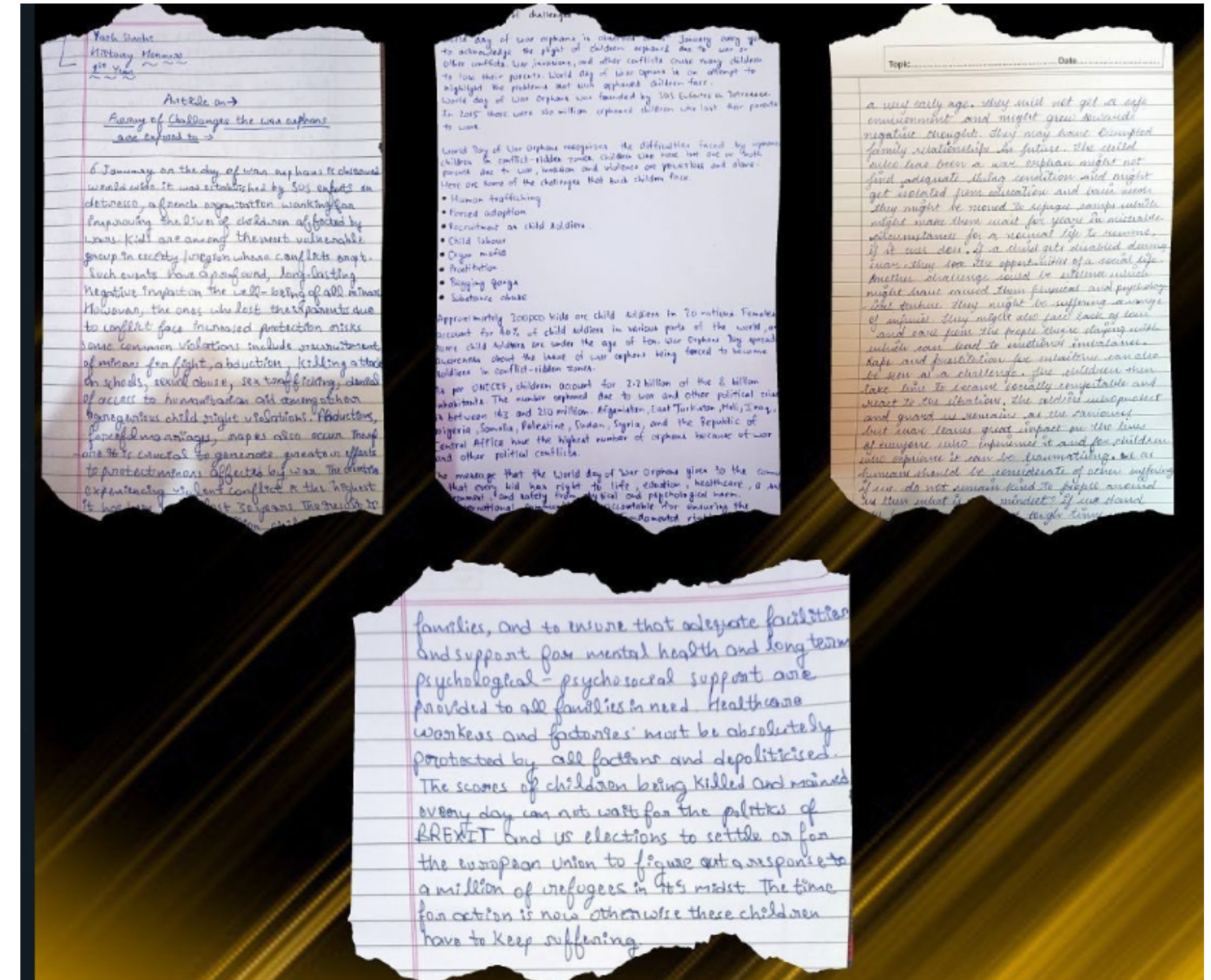
World Day of War Orphans

6 January , 2023

“There are many in the world dying for a piece of bread, but there are many more dying for a little love”
World Day for War Orphans observed on January 6 highlights the array of challenges these orphans face. Globally, millions of children are orphaned due to war, and they are subjected to a life of hardship, and emotional and physical neglect.

In this regard, NSS unit of Ram Lal Anand College organised an online article writing competition on the theme : "the array of challenges the war orphans are exposed to." Around 200 entries were recorded where 98 were female volunteers. This appropriately depicts the spirit of participation in true sense.

Volunteers encouraged all to be responsible and opinionated youth while exhibiting rightful criticism towards the current scenarios prevailing in the society. The event was a huge success.



Blood Donation Camp

9 January , 2023

"It is not possible to buy someone's life with money, but you can save someone's life by donating blood to him"

The NSS Unit of Ram Lal Anand College, University of Delhi in its continuous drive to spread the importance of blood donation in the society organised a blood donation camp in collaboration with the Indian Red Cross on 9 January 2023 from 10:00 A.M. to 4:00 PM.

The camp took place within the college premises i.e. in the seminar hall and medical room and the blood donation was carried out in Red Cross society's van which was parked near the stage area. The unit received more than 150 registrations out of which more than 70 volunteers donated their blood. Before the actual donation, volunteers went through intensive health checkup, to ensure that they were in best of their healths. Furthermore, refreshments were provided to all the blood donors.

The blood donation drive served as a symbol of unity and acted as proof of how each volunteer of the unit is full of compassion, sensitivity, and social awareness. The energetic participation of the volunteers marked another successful event organised by NSS, RLAC.



Raktveer Conference

11 January , 2023

On January 11, 2023, Rajdhani College's NSS Unit invited NSS RLAC to the Raktveer Conference, which was hosted by NSS Rajdhani Volunteers. Two NSS RLAC volunteers : Anshal Krishna & Shronit Chaurasia from B.A. Program attended the conference.

The conference discussed Project Raktveer, which is part of the mother project FARISHTE, which was launched by NSS Rajdhani two years ago during the Covid pandemic. Under this project, a number of volunteers from various NSS groups are aimed to get registered as Raktveer in a database and will be responsible for donating blood when needed in their local hospitals.

Some measures were also discussed to motivate donors and people about this project, such as recognising donors with a badge and certificate. Nukkad natak and videos would be created to raise awareness and funds for this noble cause. Volunteers got to learn a lot and got inspired with the message delivered.

"A single pint can save three lives, A single gesture can create a million smiles"



National Youth Day

12 January , 2023

“This is the time to decide your future - while you possess the energy of youth, not when you are worn out and jaded but in the freshness and vigour of youth.” - Swami Vivekananda

On the birth anniversary of Swami Vivekananda one of India’s greatest spiritual and social leaders, India celebrates “National Youth Day” to honor his contribution for the youths. To commemorate this day the NSS Unit of Ram Lal Anand College organized an video recording activity with an “inspiring message” as our contribution to this occasion.

Over 48 volunteers participated, with 17 being female volunteers. They displayed their enthusiasm through awareness. The event was another reminder of their intelligence, awareness, and staying in touch with acts of service to society.

“ The greatest religion is to be true in your nature and to have faith in yourselves “

The poster is for National Youth Day 2023, organized by the NSS Unit of Ram Lal Anand College, University of Delhi. It features a teal and white color scheme with a grid pattern. At the top left are the logos of Ram Lal Anand College and the National Service Scheme. The top right text reads "Ram Lal Anand College, University of Delhi, National Service Scheme" and includes a 100th anniversary logo. The central illustration shows three people celebrating with balloons. The main text "NATIONAL YOUTH DAY" is prominently displayed in red and white, with "12 JANUARY, 2023" in a red circle. Below this, the event details are provided: "Event: Record short video sharing an inspiring message with catchy slogan". A submission deadline is given: "Send Your Entries at nssrla.du@gmail.com By 11:59 PM". The bottom section lists social media handles for Facebook, YouTube, Instagram, and Twitter, along with the names and titles of the Programme Officer (Dr. Rita Jain), President (Jaya Pandey), and Principal (Prof. Rakesh Kumar Gupta).

Indian Army Day

15 January , 2023

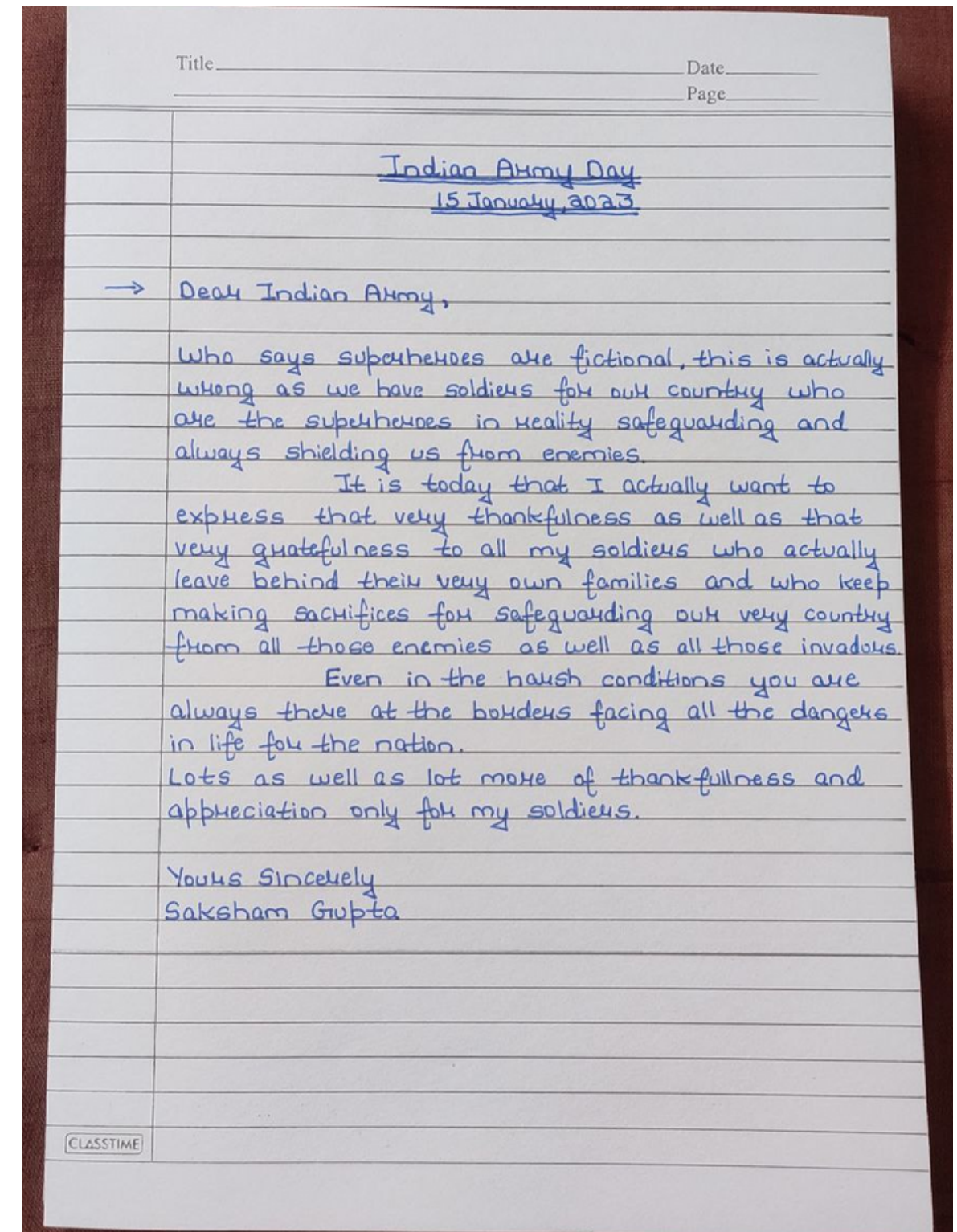
"If death strikes before I prove my blood, I promise, I will kill death."

– Captain Manoj Pandey (Param Vir Chakra)

15th of January is a day to celebrate the valiant soldiers who sacrificed their lives to protect the country and its citizens. It is the day when Lieutenant General K. M. Cariappa took over as the first Commander-in-Chief of the Indian Army from General Francis Roy Bucher, back in 1949.

While the rest of India was celebrating it their way, the NSS unit of RLAC organised a letter writing event where the volunteers gave in, hand-written letters for the army men to pay tribute to the Indian Army and Late Field Marshal KM Cariappa.

A total of more than 130 letters were received after the event with 54 of them being from female volunteers. A soldier's bravery, sacrifice, and strength should not go unnoticed, and we shall always be indebted to them and their family for all that they have given to the country. Volunteers thanked all the veterans for their time, bravery, and sacrifice for our country.



Plant A Sapling

17 January , 2023

“At the 2021 UN Climate Change Conference, Honourable Prime Minister of India, Shri Narendra Modi announced Mission LiFE, to bring individual behaviours at the forefront of the global climate action narrative.”

Under this mission, the NSS unit of Ram Lal Anand College, University of Delhi organised a "Planting Saplings" Drive. The drive was held on 18th January, 2023 for the whole day. During the event the volunteers were expected to share their photos while planting saplings on the mail of NSS RLAC.

A total of 202 volunteers participated in the event, which had 87 female count. This demonstrates that at least 202 saplings were planted on this day . With this event, NSS RLAC tried to inch closer to a greener and healthier planet.

"Planting a tree is an enormous expression of love. You never know if you will enjoy it's shades or fruits, but you know someone will "



Mentimeter Quiz Competition

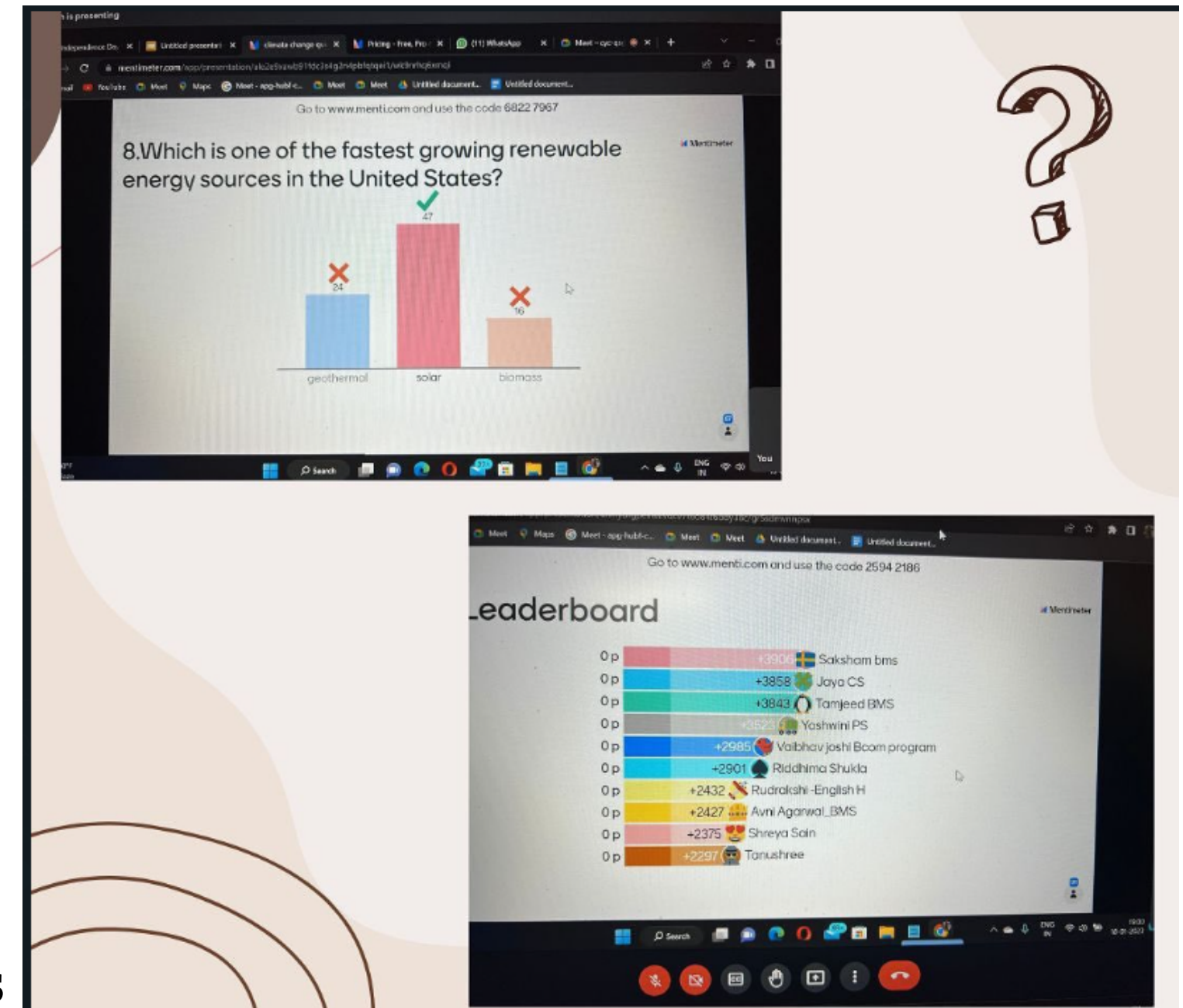
18 January , 2023

“Nature provides a free lunch, but only if we control our appetites”

On October 20, 2022, at Gujarat's Statue of Unity, Prime Minister Narendra Modi introduced ‘Mission LiFE’ a new project to ensure a sustainable and healthy lifestyle, in the presence of United Nations Secretary-General Antonio Guterres.

The NSS unit of Ram Lal Anand College, University of Delhi organised an online quiz with the theme ‘Renewable Energy and arresting the impacts of Air Pollution’ to commemorate the launch of this mission.

It received an overwhelming participation from 170 volunteers out of which 85 were females. Top three volunteers were given shout-out on NSS RLAC’s official Instagram handle. The event served its purpose well by imbining relevant knowledge in volunteers.



Parakram Diwas

23 January , 2023

January 23, 2023 marked the 126th birth anniversary of Netaji Subhash Chandra Bose who founded the Indian National Army (Azad Hind Fauj) to overthrow British Empire from India. The birth anniversary of Netaji is celebrated as Parakram Diwas throughout India.

The NSS and NCC Unit of Ram Lal Anand College, University of Delhi, to mark this day, organised a brief talk about Netaji Bose. The event included a briefing by the Vice Principal Dr Subhash Chander Dabas and Professor Sanjay Kumar. The event also involved the recitation of a self composed poem by an NSS volunteer.

The event was attended by 45 volunteers of NSS unit of Ram Lal Anand College out of which 18 were female volunteers. The event served as a symbol of unity and acted as proof of how each volunteer of the Unit is full of compassion, patriotism and dedication towards the motherland.



Military Tattoo and Tribal Dance

23 & 24 January , 2023

The Ministry of Tribal Affairs, in conjunction with the Ministry of Defence, organised a Military Tattoo and Tribal Dance Festival 'Aadi Shaurya - Parv Parakram Ka,' on the special occasion of Amrit Mahotsav and to mark the 126th birth anniversary of Netaji Subhash Chandra Bose on 23rd and 24th January 2023 at the Jawahar Lal Nehru Stadium in New Delhi.

The festival was set to exhibit the prowess of the Armed Forces in a Military Tattoo and feature various power-packed dance performances by tribal communities showcasing the beauty of India's diverse tribal culture from across India. Over 1200 performers refined their art forms and were set to enthrall the city with their mesmerising performances. The venue was decorated with tribal art inside the premises and outside the stadium complex to attract the visitors.

The grand finale showcased a performance by famous playback singer Shri Kailash Kher along with a coming together of the performers of both the military tattoo and the tribal dances in a final spectacular display. A footfall of over 40,000 people was observed at the venue.



National Girl Child Day

24 January , 2023

“I hope that fathers and mothers of little girls will look at them and say, ‘yes, women can’.” ~ Dilma Rousseff

According to National Family Health Survey (NFHS) - 5, about 50% of women aged 15-24 years still used cloth for menstrual protection. Therefore, this National Girl Child Day on 24 January, 2023, the National Service Scheme of Ram Lal Anand College organised a Sanitary Napkin Distribution Drive at JJ Colony, South Moti Bagh.

Over 100 packets of sanitary napkins were collected in a collection drive held prior to the distribution drive. Nearly 72 volunteers participated enthusiastically in this pivotal event, of whom 32 were females. Their contribution played a significant role in supporting the underprivileged part of the society to gain a better knowledge of female health.



National Voters Day

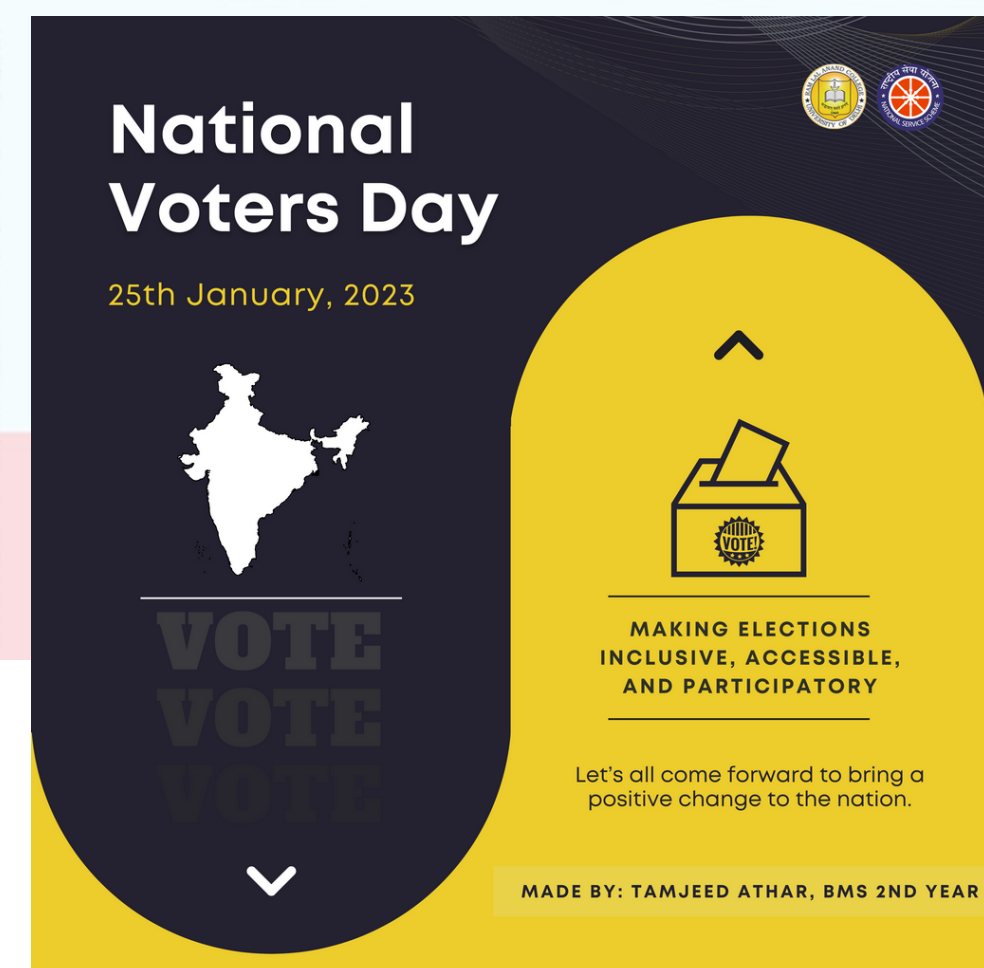
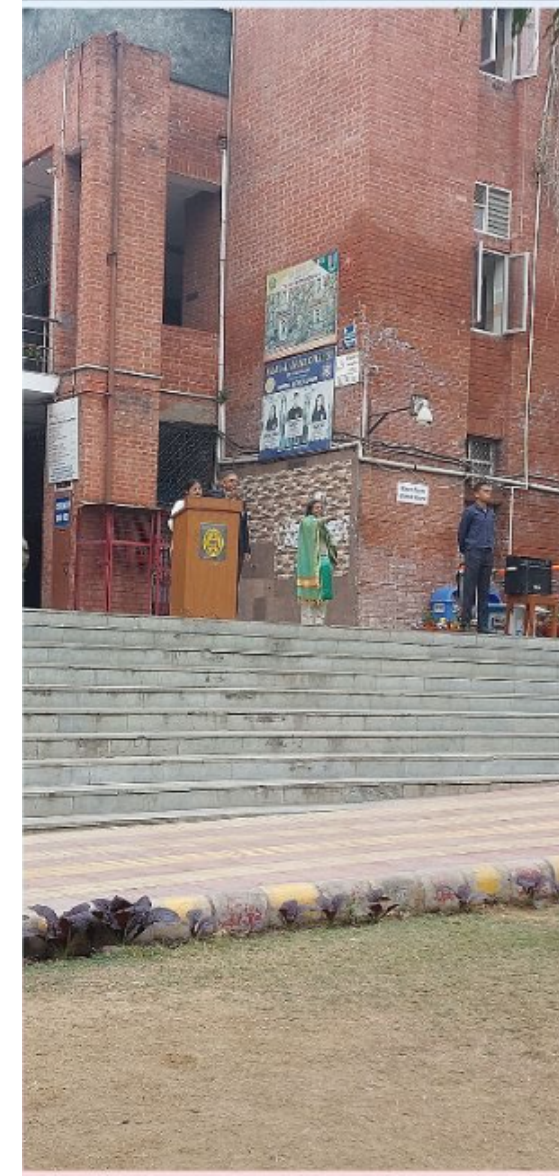
25 January , 2023

“Democracy is based upon the conviction there are extraordinary possibilities in ordinary people.”

National Voters Day is celebrated on 25 January to encourage the youth to participate in the vote in the electoral process. It not only encourages the youth to participate in the electoral process but also focuses on the fact that the right to vote is a basic right. In this regard, NSS unit of Ram Lal Anand College organised an oath taking ceremony and digital poster making competition in the college premises on 25th January'23 based on the theme "nothing like voting, I vote for sure".

Unit received 125+ digital poster entries where around 64 entries were carved by female volunteers. Moreover, the oath taking ceremony was undertaken by 200+ volunteers including 97 female volunteers.

This initiative has raised acknowledgement by the youth and new voters to access the significance of vote in electoral process. This would not only encourage the increase in voters statistics but empower their wisdom to vote for the right candidate through analysis. The event was a huge success.



Republic Day Celebration

25 January , 2023

“We are Indians, firstly and lastly.”

On 26th January 1950, India was declared as a sovereign, democratic and a republic state. The National Service Scheme unit of RLAC indulged in Republic Day celebrations on 25 January 2023. The celebration started with the singing of national anthem followed by flag hoisting by the principle of RLAC “Dr. Rakesh Kumar Gupta” who also gave a speech along with the chief guest of the event “Prof. SC Garkoti” honorable chairman of the governing body of school of environmental science, JNU, to instill the importance of this day among the students. It was further followed by NCC parade.

The event was then graced by the pledge recited by the NSS President which was taken up by all the students and faculty present there. A fist-painting desk was set up, and over 300 students and faculty were invested in this celebration giving a spirit of nationalism and unity to the day.



Orientation Program

30 January , 2023

‘Not Me But You’ reflects the essence of democratic living and upholding the need for selfless service. To introduce the newly recruited volunteers of NSS unit of Ram Lal Anand College with the team layout and the purpose of NSS, an official orientation programme for the session 2022-23 was organized on 30th January'23 in the college premises.

This event was graced by the esteemed presence of the programme officer Dr. Rita Jain and special chief guest Ms. Divya Shah, who is the Founder of Happify U, a Journalist, Social Entrepreneur, Influencer and Voice Over Artist.

It was a huge success which was attended by majority of volunteers. Precisely, around 80 first year NSS volunteers and 43 second year volunteers including 67 female volunteers witnessed as the audience. It was absolutely wholesome to see such enthusiastic volunteers.

“The best way to find yourself is by losing yourself in the service of others.”

